



OBSTETRICS & GYNAECOLOGY



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RESPECT FOR LIFE

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Respect for Life
सम्मान ज़िंदगी का



At Sir H. N. Reliance Foundation Hospital and Research Centre, our department of Obstetrics & Gynaecology offers world-class treatment for a wide range of gynaecological conditions and obstetric problems. The hospital's 12th floor is dedicated to Obstetrics & Gynaecology, with all infrastructure and relevant services on the same floor. It is our endeavour to provide both mother and child with complete attention and care.

Indeed, at Sir H.N. Reliance Foundation Hospital and Research Centre, we don't just treat the body, we go further: we respect life.



TECHNOLOGY & INFRASTRUCTURE

- Gynaecological services are provided in modern, self-sufficient clinics with attached treatment areas
- A day-care facility is available for same day surgeries
- There are modular, integrated theatres for advanced endoscopic, robotic and open surgery and sophisticated imaging facilities; our maternity operation theatre is well-equipped with the latest technology for operative deliveries and caesarean sections
- Advanced laparoscopic and hysteroscopic surgical equipment facilitate minimally-invasive surgeries and the da Vinci Robotic System assists with complex surgical procedures
- Urodynamic and video urodynamics facilities aid in the diagnosis of urinary problems

- Latest optical colposcopic equipment is in place to diagnose and treat pre-cancer of cervix
- Foetal cardiotocography equipment monitors foetal wellbeing during pregnancy and delivery
- Labour waiting rooms have all the modern conveniences to care for patients in early labour
- Birthing facility has self-contained modern birthing suites with comfortable, ergonomic beds that adapt to different maternal postures; ample space encourages mothers' mobility during labour
- Isolation rooms/HDU (High Dependency Unit) have been set up to manage complicated pregnancies
- A 9-bed NICU and 12-bed Special Care Baby Unit (SCBU) provides comprehensive care for the new born
- Dedicated breastfeeding and parent-craft support teams are on hand to assist new mothers



SERVICES

OBSTETRICS

- Specialist Obstetrics OPD covers
- High risk and routine pregnancies
- Antenatal endocrine disorders
- Recurrent miscarriages
- Early pregnancy assessments, ectopic pregnancies, threatened miscarriages
- External cephalic version
- Parent craft classes

ANTENATAL DAY UNIT SERVICES

- Diabetic pregnancies
- Intra-uterine growth restrictions
- Cholestasis, liver disorders in pregnancies
- Pre-eclampsia
- Medical disorders complicating pregnancy etc.

HOSPITAL'S LABOUR AND DELIVERY SERVICES

- Maternity triage services
- Normal deliveries with world-class birthing facilities
- Round-the-clock availability of epidural analgesia for pain-free deliveries
- Caesarean sections (LSCS)
- Continuous electronic foetal monitoring
- High dependency care for complicated pregnancies



GYNAECOLOGY

We have specialist gynaecology clinics to manage:

- Menstrual disorders
- Urinary incontinence
- Benign conditions such as endometriosis and pelvic pain syndromes
- Infertility
- Gynaecologic oncology (screening, treatment, follow-up, palliation and rehabilitation)





- Urogynaecology: Urodynamic studies, treatment of all cases of female urinary incontinence, utero-vaginal prolapse
- Abdominal gynaecological surgery: Open approach to treatment of all diseases of the uterus, ovaries and fallopian tubes

SURGICAL MANAGEMENT

Our approach to surgery is minimally invasive, achieved with endoscopic surgery and the option of robot-assisted major gynaecological surgery for complex surgical procedures.

- Laparoscopic surgery: Hysterectomy, fibroid excision (myomectomy), ovarian surgery for ovarian cyst removal, treatment of PCOS, adnexectomy, endometriosis surgery, fertility-enhancing surgery (e.g. tuboplasty)
- Hysteroscopic surgery: Endometrial cancer screening, endometrial ablation for heavy periods, uterine polyp removal, fibroid resection, uterine septae correction, fertility-enhancing surgery
- Colposcopic treatment: Excision treatment for precancerous lesions of the cervix (LEEP), vagina and vulva, ablative cryocautery for precancerous cervical disease, benign genital growths
- Cystoscopic treatment for painful bladder syndrome and overactive bladder, treatment for interstitial cystitis, bladder botox treatment for urinary incontinence, screening for bladder cancer
- Vaginal surgery: Hysterectomy, uterus-sparing prolapse surgery, vault suspension surgery

