

Bombay Orthopaedic Society's - 4th Foot and Ankle Course Scientific Program

Day 1 - Saturday, 23rd September, 2017

Sir H. N. Reliance Foundation Hospital and Research Centre,
Convention Centre, Level 1, Kopol Niwas

08:00 - 08.30 am	Registration & Breakfast		
08:30 - 09:30 am	Diabetic foot session		
	Pathophysiology of diabetic foot & Charcot Neuropathy	AB	10 mins
	Conservative treatment of Charcot	GM	10 mins
	Surgical treatment of the Charcot Foot	PM	10 mins
	Diabetic foot infections	AB	10 mins
	Management of fracture in Diabetes	RB	10 mins
	Discussion		10 mins
09:30 - 10:30 am	Distal Tibia & Ankle Fractures		
	Update on Management on Pilon fractures	MSS	15 mins
	Posterior malleolus fracture	GM	10 mins
	How to manage syndesmotic injuries?	VB	10 mins
	Malunited ankle fractures management	PM	10 mins
	Discussion		10 mins
10:30 - 10:45 am	Tea		
10:45 - 11:25 am	Flatfoot		
	Biomechanics & Pathology	MSS	10 mins
	Management of stage 1 and 2	PM	10 mins
	Management of Stage 3 & 4	Ajoy	10 mins
	Adolescent flat foot - Is it different?	FW	10 mins
	Discussion		10 mins
11:25 - 12:15 pm	Heel Pain		
	Plantar fasciitis	GM	08 mins
	Plantar heel pain: Get the diagnosis right!	MSS	08 mins
	Achilles Tendinopathy	PM	15 mins
	Recent updates on TA rupture management	Ajoy	10 mins
	Discussion		10 mins
12:15 - 01:15 pm	Panel Discussion - Interesting cases by Faculty & Delegates - Dr Vikas Agashe, Dr Ajoy, Dr Maninder Singh, Dr Girish Motwani, Dr Vaibhav Bagaria		
01:15 - 02:00 pm	Lunch		
02:00 - 03:00 pm	Foot and Ankle Fractures		
	Management of Talar fractures	EP	10 mins
	Acute Lisfranc Injuries - Diagnosis and Management	Ajoy	10 mins
	The Missed Lisfranc - Management	PM	10 mins
	How to fix primary calc fracture	GM	10 mins
	Calcaneum malunion - How to manage?	MSS	10 mins
	Discussion		10 mins

03:00 - 04:00 pm	Forefoot Session Hallux valgus- Chevron - How I do it? Scarf - How I do it? Lapidus - How I do it? Hallux Rigidus - 1 st MTP fusion RA forefoot reconstruction Discussion	MSS PM Ajoy PM Ajoy	10 mins 10 mins 10 mins 10 mins 10 mins 10 mins
04:00 - 04:15 pm	Tea		
04:15 - 05:00 pm	Foot and Ankle Arthroscopy Diagnostic and Therapeutic Arthroscopy in Foot and Ankle - Techniques and Tips Ankle Impingement Arthroscopic ankle fusion - Tips & tricks OCD Talus: Management	MSS GM PM Ajoy	10 mins 10 mins 08 mins 10 mins
05:00 - 06:00 pm	Saw bone workshop for TTC nail		

Day 2 - Sunday, 24th September, 2017
Anatomy Lab, J J Hospital, Mumbai

Cadaver Session (Faculty Demo, Hands-on, Q&A)

09:00 - 10:00 am	Ankle & Subtalar Arthroscopy Portals & Diag Scopy	MSS
10:00 - 10:30 am	Anterior Ankle Approach	Ajoy
10:30 - 11:00 am	Posteromedial Ankle Approach for TTR/PTTD	GM
11:00 - 11:30 am	Anteromedial approach & Med Mall Osteotomy	PM
11:30 - 12:30 pm	Calcaneal Approach for ORIF	Ajoy
12:30 - 01:30 pm	Lunch	
01:30 - 02:00 pm	Calcaneal Slide Osteotomy Incision	MSS
02:00 - 02:30 pm	Subtalar Approach/TTC	PM
02:30 - 03:00 pm	Lisfranc and 1st MTP Fusion	GM
03:00 - 04:00 pm	Achilles tendon debridement and use of suture anchors	PM

Legend:

AB	- Dr Arun Bal
VB	- Dr Vaibhav Bagaria
FW	- Dr Farookh Wadia
RB	- Dr Rakesh Bhansali
MSS	- Dr Maninder Singh Shah
Ajoy	- Dr Ajoy
GM	- Dr Girish Motwani
EP	- Dr Eknath Pawar
VA	- Dr Vikas Agashe
PM	- Dr Pradeep Moonot