



MUMBAI SHOULDER COURSE, 2015

ON SHOULDER INSTABILITY & HANDS ON ARTHROSCOPY BANKART WORKSHOP

TOPICS FOR DISCUSSION

- What is the treatment for first time shoulder dislocation
- How to treat chronic recurrent shoulder dislocations
- Should we operate on the adolescent voluntary dislocators
- MRI & CT Scan in shoulder instability
- Clinical evaluation of an unstable shoulder
- Bankart repair, Latarjet technique, remplissage

FACULTY INCLUDES

- Dr Abhay Narvekar (Orthopaedics)
- Dr Hetal Chiniwala (Orthopaedics)
- Dr Dipit Sahu (Orthopaedics)
- Dr Himanshu Chaudhary (Radiology & Imaging)
- Mr Madhan Ramanathan (Rehabilitation & Sports Medicine)

PROGRAM ITINERARY

- **Date & Time:** 26th September (Saturday), 11.00 am to 4.00 pm
- **Venue:** Convention Centre, 1st Floor, Kapol Niwas, Sir H. N. Reliance Foundation Hospital & Research Centre, Prarthana Samaj, Girgaon, Mumbai - 400 004

FOR FREE REGISTRATION & INQUIRIES

- **Mail:** rfh.eventdesk@rfhospital.org
- **Sms / whatsapp:** 9619136962
- **Course Director:** Dr. Dipit Sahu, Consultant Shoulder Surgeon



SCHEDULE

11.00 AM	REGISTRATIONS	
11.10 - 11.15 AM	INTRODUCTION TO THE COURSE	DR. DIPIT SAHU
11.15 - 11.25 AM	OVERVIEW OF LABRUM AND BONY ANATOMY- HAGL, ALPSA, GLAD	DR. HETAL CHINIWALA
11.25 - 11.35 AM	FIRST TIME DISLOCATOR & HABITUAL DISLOCATORS- OPERATE OR NOT?	DR. DIPIT SAHU
11.35 - 11.45 AM	UNSTABLE SHOULDER- HOW TO EVALUATE CLINICALLY	DR. ABHAY NARVEKAR
11.45 - 11.55 AM	UNSTABLE SHOULDER- RADIOLOGY, MRI, CT SCAN	DR. HIMANSHU CHAUDHARY
11.55 - 12.15 PM	TEA / COFFEE BREAK	
12.15 - 12.30 PM	OPEN & ARTHROSCOPIC BANKART IN BEACH CHAIR	DR. HETAL CHINIWALA
12.30 - 12.45 PM	ARTHROSCOPIC BANKART IN LATERAL DECUBITUS	DR. ABHAY NARVEKAR
12.45 - 01.00 PM	LATARJET PROCEDURE	DR. DIPIT SAHU
01.00 - 1.15 PM	REHAB IN A THROWING SHOULDER	MR. MADHAN RAMANATHAN
1.15 PM ONWARDS	LUNCH	
2.00 - 4.00 PM	ARTHROSCOPY BANKART WORKSHOP	

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