

RESPECT FOR LIFE

## CHILDHOOD OBESITY WORKSHOP

- Have you been told your child/ grandchild is overweight?
  - Have you wondered whether he/ she is overweight but did not know whom to ask?
  - Do you know if your child is a healthy weight or not?

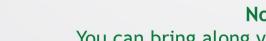
IF SO, THIS WORKSHOP IS FOR YOU.

1 out of every 5 children is overweight, which can cause lifelong problems.

To help your child get healthy, do please attend our introductory session on childhood overweight.



## **ENTRY FREE**



You can bring along your family and anyone who is interested in this workshop

## Conducted by:

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