



Blood Donation is extremely safe

You can make it even safer and easier
by making sure you are healthy.

— You can donate blood if you are —

Between the Age 18 - 65 years | Weight is at least 45 Kgs
Haemoglobin more than 12.5 g/Dl | Fit & Healthy

BLOOD DONATION CAMP

Date: 14th June 2019 | Time: 9:00 am to 5:00 pm

Venue: 2nd Floor, Training Centre, Kapol Niwas,
Sir H. N. Reliance Foundation Hospital and Research Centre

YOU CAN BRING A **SMILE**
IN SOMEONE'S **LIFE**
BY DONATING **BLOOD**



www.rfhospital.org

Address: Sir H. N. Reliance Foundation Hospital & Research Centre,
Prarthana Samaj, Girgaon, Mumbai - 400 004

EMERGENCY NO.:
022-61305005

TOLL FREE NO.:
1-800-221-166