

Sir H. N.



Reliance
Foundation Hospital
RESPECT FOR LIFE



Cleveland Clinic
London

Exclusive Interactive Symposium

(By Invite Only)

Sports Cardiology, Sports Medicine & Performance

Date: Friday, 15th March, 2024 | **Time:** 5:00 pm - 8:00 pm

Venue:

Sir H. N. Reliance Foundation Hospital, Convention Centre, 1st Floor,
Kapal Niwas, Prarthana Samaj, Girgaon, Mumbai - 400 004

PATRON



Dr. Tarang Gianchandani

Group Chief Executive Officer - Healthcare Initiatives
Chief Executive Officer - Sir H. N. Reliance Foundation Hospital

FACULTY



Dr. Mark Gillet

Cleveland Clinic London
Chief Medical Officer -
Premier League



Dr. Sanjay Sharma

Cleveland Clinic London
Medical Director - London Marathon
Sports Cardiologist - English Football Association
England Cricket Board



Ms. Deepika T. Grandhi

India Business Development Head
Cleveland Clinic



Dr. Aashish Contractor

Director, Rehabilitation &
Sports Medicine
Sir H. N. Reliance Foundation
Hospital



Mr. James Hillier

Athletics Director
Reliance Foundation



Dr. Ajit Menon

Senior Consultant -
Interventional Cardiology
Sir H. N. Reliance Foundation
Hospital



Dr. Amit Vora

Consultant - Cardiology &
Cardiac Electro Physiologist
Sir H. N. Reliance Foundation
Hospital



Mr. Ben Langley

Global Head of Sports Science
and Medicine of Mumbai Indians
Past Head of Medical Services at
England and Wales Cricket Board



Mr. Shiva Keshavan

Six-time Winter Olympian
Head - Reliance Foundation
Youth Sports Scholarship
Program



Mr. Chirstopher Pedra

Head - Department of
Sports Medicine
Sir H. N. Reliance Foundation
Hospital



Dr. Tvisha Parikh

Sports Physician -
Rehabilitation &
Sports Medicine,
Sir H. N. Reliance Foundation
Hospital

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Program Agenda

Time	Topic	Speaker
4:30 pm - 5:00 pm	REGISTRATION	
5:00 pm - 5:10 pm	Welcome Address	Dr. Tarang Gianchandani
5:10 pm - 5:15 pm	Introduction to Cleveland Clinic London	Ms. Deepika T. Grandhi
5:15 pm - 5:45 pm	Athletes to Arthritis - A Consistent Approach	Dr. Mark Gillet
5:45 pm - 6:15 pm	Fabulously Fit or Fatally Flawed	Dr. Sanjay Sharma
6:15 pm - 6:30 pm	HIGH TEA	
6:30 pm - 8:00 pm	Panel Discussion followed by Q&A Session How Much Is Too Much?	
	Panel 1: The Athlete's Heart & Optimal Cardiac Load Management	Dr. Sanjay Sharma Dr. Aashish Contractor Dr. Ajit Menon Dr. Amit Vora
	Panel 2: Athletic Performance & Optimal Workload Management	Dr. Mark Gillet Mr. Chirstopher Pedra Mr. Shiva Keshavan Mr. James Hillier Mr. Ben Langley
	Vote of Thanks	Dr. Tvisha Parikh
	DINNER	